## Track Practice

January 29th - February 8th

M-Thur. 4:15pm - 5:30pm

Track Meet will be February 10th at Charlotte High School from 9am-1pm

All students can participate as long as they have a 2.0 GPA and a sports physical, signed by a doctor, turned in

Students must bring their own water bottle! There are no water fountains and no water will be provided.

Appropriate clothing and shoes are encouraged

Coaches will assign positions for the track meet prior to Feb. 10th